

## Sunhill Daycare – Four Week Spring and Summer Menu.

### Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
			<i>Lunch</i>		
<i>Main Course</i>	Tomato and Lentil Pasta Bake	Roast chicken and potatoes with spring vegetables	Homemade fish patties, creamy potatoes and peas	Mild chilli con Carne served on a bed of rice	Hawaiian Pizza Slice, sauté potatoes with mixed side salad
<i>Sweet</i>	Lemon sponge with sauce	Mandarin Delight	Summer trifle	Honey spiced pears with ice cream	Homemade Fruity Cheesecake
			<i>Afternoon</i>		
<i>Tea</i>	Sandwich Platter Apple salad	Assorted cheeses, savoury crackers with pineapple and grapes	Savoury puffs Vegetable sticks	Potato skins with cheese and tomato dips	Wholemeal stuffed pittas Fruit platter
<i>Sweet</i>	Assorted creamy fruit yoghurt	Golden crunchies	Homemade iced buns	Fruit scones	Butterfly cakes

**General Breakfast-** A selection of healthy cereals. E.g. Porridge, Weetabix selection of Toasts **Snacks-** A selection of healthy snacks. E.g. cheese and savoury biscuits, fresh fruit. vegetable sticks **Drinks-** Water is available all day. Milk or water is served at meal times.

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### Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
			<i>Lunch</i>		
<i>Main Course</i>	American Tuna surprise With Seasonal vegetables	Country Vegetable cobbler	Rainbow Macaroni Cheese With side salad	Mixed bean Casulet With savoury rice	Chicken and mushroom pie. New potatoes with carrots and French beans
<i>Sweet</i>	Fruit fool	Cherry sponge with sauce	Oat crumble and custard	Strawberry flan	Citrus cornflake freeze
			<i>Afternoon</i>		
<i>Tea</i>	Cheese and bacon scone rounds Vegetable sticks	Savoury Beans on toast	Assorted floured salad baps Melon wedges	Egg and cress bagels	Open Sandwich Selection With grated carrot and cucumber
<i>Sweet</i>	Homemade sultana flapjack	Cooks fruity shortbread	Fromage Frais	Banana cake	Mini apricot tarts

### General

Breakfast- A selection of healthy cereals. E.g. Porridge, Weetabix. Toasts Snacks- A selection of healthy snacks. E.g. cheese and savoury biscuits, fresh fruit vegetable sticks. Drinks- Water is available all day. Milk or water is served at meal times

## Sunhill Daycare – Four Week Menu Spring and Summer Menu

### Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
			<i>Lunch</i>		
<i>Main Course</i>	Spaghetti Bolognaise with garlic and herb bread	Chicken fillets served with seasonal vegetables and duchess potatoes	Sausage, and Mushroom puff, served with sweet potatoes, peas and gravy	Tomato and basil Couscous delight	Ham and pineapple Quiche with square chips and peas
<i>Sweet</i>	Banana Custard	Lemon and lime Jelly crème	Fresh fruit salad	Marble cake with chocolate sauce	Summer fruit yoghurt
			<i>Afternoon</i>		
<i>Tea</i>	Toasted cheese and chive rounds Cherry tomatoes	Assorted sandwiches Mixed fruit	Savoury crumpets  Crunchy vegetable bites	Cheese and ham pasta salad	Tuna and cucumber finger rolls
<i>Sweet</i>	Home baked gingerbread	Iced slice	Blueberry Muffins	Ice cream cones	Chocolate cookies

### General

Breakfast- A selection of healthy cereals. E.g. Porridge, Weetabix, Toasts Snacks- A selection of healthy snacks. E.g. cheese and savoury biscuits, fresh fruit Vegetable sticks. Drinks- Water is available all day. Milk or water is served at meal times

## Sunhill Daycare – Four Week Spring and Summer Menu

### Week 4

	Monday	Tuesday	Wednesday	Thursday	Friday
		<i>Lunch</i>			
<i>Main Course</i>	Creamy Carbonara with green salad	Tangy tuna paella With crunchy salad and croutons	Chicken fillets served with seasonal vegetables and duchess potatoes	Potato and cauliflower gratin	Pork and apple bake with carrots
<i>Sweet</i>	Neapolitan slice with wafer	Victoria sponge	Homemade banoffee pie	Plum Tart and custard	Clementine Chocolate Salad
		<i>Afternoon</i>			
<i>Tea</i>	Savoury wraps Mandarins	Spaghetti on toast	Cheese and onion twists with dips Tortillas	Muffin Melts Apple and grape salad	Filled mini croissants Vegetable sticks
<i>Sweet</i>	Bite size cherry bakewells	Thick and Creamy Delight.	Chocolate Brownie	Homemade biscuits	Fruity Flapjacks

**General Breakfast-** A selection of healthy cereals. E.g. Porridge, Weetabix. Toasts **Snacks-** A selection of healthy snacks. E.g. cheese and savoury biscuits, fresh fruit. Vegetable sticks

**Drinks-** Water is available all day. Milk or water is served at meal times